

# YEAR 1 - PSHE/RSHE - Class Plan

AUTUMN	<p><b>KEEPING/STAYING SAFE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Road Safety</i></p> <p>OPTIONAL RESOURCES</p> <p>Road Safety Extension Personal Safety - Simply RSHE</p>	<p><b>BEING RESPONSIBLE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Water Spillage</i></p> <p>OPTIONAL RESOURCES</p> <p>Water Spillage Extension Personal Safety - Simply RSHE</p>	<p><b>FEELINGS AND EMOTIONS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Jealousy</i></p> <p>OPTIONAL RESOURCES</p> <p>Jealousy Extension General wellbeing - Simply RSHE</p>
	<p><b>KEEPING/STAYING HEALTHY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Washing Hands</i></p> <p>OPTIONAL RESOURCES</p> <p>Washing Hands Extension Health protection and prevention - Simply RSHE</p>	<p><b>OUR WORLD UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Growing In Our World</i></p> <p>OPTIONAL RESOURCES</p> <p>Growing In Our World Extension Developing bodies - Simply RSHE</p>	<p><b>COMPUTER SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Online Bullying</i></p> <p>OPTIONAL RESOURCES</p> <p>Online Bullying Extension Wellbeing online - Simply RSHE</p>
	<p><b>A WORLD WITHOUT JUDGEMENT UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Democracy</i></p> <p>OPTIONAL RESOURCES</p> <p>Democracy Extension Respectful, kind relationships - Simply RSHE</p>	<p><b>RELATIONSHIPS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Friendship</i></p> <p>OPTIONAL RESOURCES</p> <p>Friendship Extension Caring friendships - Simply RSHE</p>	<p><b>FIRE SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Hoax Calling</i></p> <p>OPTIONAL RESOURCES</p> <p>Hoax Calling Extension Basic first aid - Simply RSHE</p>
SPRING			
SUMMER			

# YEAR 2 - PSHE/RSHE - Class Plan

AUTUMN	<p><b>KEEPING/STAYING SAFE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Tying Shoelaces</i> <i>Staying Safe</i></p> <p>OPTIONAL RESOURCES</p> <p>Tying Shoelaces Extension Staying Safe Extension Personal safety – Simply RSHE Being safe – Simply RSHE</p>	<p><b>BEING RESPONSIBLE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Practice Makes Perfect</i> <i>Helping Someone In Need</i></p> <p>OPTIONAL RESOURCES</p> <p>Practice Makes Perfect Extension Helping Someone In Need Extension General wellbeing – Simply RSHE Being safe – Simply RSHE</p>	<p><b>FEELINGS AND EMOTIONS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Worry</i> <i>Anger</i></p> <p>OPTIONAL RESOURCES</p> <p>Worry Extension Anger Extension General wellbeing – Simply RSHE Respectful, kind relationships – Simply RSHE</p>
	<p><b>KEEPING/STAYING HEALTHY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Healthy Eating</i> <i>Brushing Teeth</i></p> <p>OPTIONAL RESOURCES</p> <p>Healthy Eating Extension Brushing Teeth Extension Healthy eating – Simply RSHE Health protection and prevention – Simply RSHE</p>	<p><b>OUR WORLD UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Living in Our World</i> <i>Working in Our World</i></p> <p>OPTIONAL RESOURCES</p> <p>Living in Our World Extension Working in Our World Extension NO Simply RSHE Links</p>	<p><b>COMPUTER SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Image Sharing</i> <i>Computer Safety Documentary</i></p> <p>OPTIONAL RESOURCES</p> <p>Image Sharing Extension Computer Safety Documentary Extension Online safety and awareness – Simply RSHE Wellbeing online – Simply RSHE</p>
	<p><b>A WORLD WITHOUT JUDGEMENT UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Individual Liberty</i> <i>Rule of Law</i></p> <p>OPTIONAL RESOURCES</p> <p>Individual Liberty Extension Rule of Law Extension Respectful, kind relationships - Simply RSHE</p>	<p><b>RELATIONSHIPS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Bullying</i> <i>Body Language</i></p> <p>OPTIONAL RESOURCES</p> <p>Bullying Extension Body Language Extension Respectful, kind relationships – Simply RSHE Caring friendships – Simply RSHE</p>	<p><b>FIRE SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Petty Arson</i> <i>Texting Whilst Driving</i></p> <p>OPTIONAL RESOURCES</p> <p>Petty Arson Extension Texting Whilst Driving Extension Personal safety - Simply RSHE</p>
SPRING			
SUMMER			

# YEAR 3 - PSHE/RSHE - Class Plan

AUTUMN	<p><b>KEEPING/STAYING SAFE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Leaning Out of Windows</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Leaning Out of Windows Extension Personal safety – Simply RSHE</p>	<p><b>BEING RESPONSIBLE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Stealing</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Stealing Extension NO Simply RSHE Links</p>	<p><b>FEELINGS AND EMOTIONS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Grief</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Grief Extension General wellbeing – Simply RSHE</p>
SPRING	<p><b>KEEPING/STAYING HEALTHY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Medicine</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Medicine Extension Drugs, Alcohol, Tobacco &amp; Vaping – Simply RSHE</p>	<p><b>OUR WORLD UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Looking After Our World</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Looking After Our World Extension NO Simply RSHE Links</p>	<p><b>COMPUTER SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Making Friends Online</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Making Friends Online Extension Online safety and awareness – Simply RSHE</p>
SUMMER	<p><b>A WORLD WITHOUT JUDGEMENT UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Tolerance</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Tolerance Extension Respectful, kind relationships - Simply RSHE</p>	<p><b>RELATIONSHIPS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Touch</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Touch Extension Being safe – Simply RSHE</p>	<p><b>FIRE SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Enya &amp; Deedee Visit the Fire St.</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Enya &amp; Deedee Visit the Fire St. Extension Personal safety - Simply RSHE</p>

# YEAR 4 - PSHE/RSHE - Class Plan

AUTUMN	<p><b>KEEPING/STAYING SAFE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Cycle Safety</i></p> <p>OPTIONAL RESOURCES</p> <p>Cycle Safety Extension Personal safety – Simply RSHE</p>	<p><b>BEING RESPONSIBLE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Coming Home on Time</i></p> <p>OPTIONAL RESOURCES</p> <p>Coming Home on Time Extension Respectful, kind relationships – Simply RSHE</p>	<p><b>FEELINGS AND EMOTIONS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Jealousy</i></p> <p>OPTIONAL RESOURCES</p> <p>Jealousy Extension General wellbeing – Simply RSHE</p>
	<p><b>KEEPING/STAYING HEALTHY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Healthy Living</i></p> <p>OPTIONAL RESOURCES</p> <p>Healthy Living Extension Healthy eating – Simply RSHE</p>	<p><b>THE WORKING WORLD UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Chores at Home</i></p> <p>OPTIONAL RESOURCES</p> <p>Chores at Home Extension General wellbeing – Simply RSHE</p>	<p><b>COMPUTER SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Online Bullying</i></p> <p>OPTIONAL RESOURCES</p> <p>Online Bullying Extension Wellbeing online – Simply RSHE</p>
	<p><b>A WORLD WITHOUT JUDGEMENT UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Breaking Down Barriers</i></p> <p>OPTIONAL RESOURCES</p> <p>Breaking Down Barriers Extension Respectful, kind relationships – Simply RSHE</p>	<p><b>GROWING AND CHANGING UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>Appropriate Touch (Relationships)</i></p> <p>OPTIONAL RESOURCES</p> <p>Appropriate Touch (Relationships) Extension Being safe – Simply RSHE</p>	<p><b>FIRST AID UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>What I Know Now</i> <i>First Aid Year 4</i></p> <p>OPTIONAL RESOURCES</p> <p>First Aid Year 4 Extension Basic first aid – Simply RSHE</p>
SPRING			
SUMMER			

# YEAR 5 - PSHE/RSHE - Class Plan

AUTUMN	<p><b>KEEPING/STAYING SAFE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Peer Pressure</i> <i>Adults' &amp; Children's Views</i></p> <p>OPTIONAL RESOURCES</p> <p>Peer Pressure Extension Being safe – Simply RSHE</p>	<p><b>BEING RESPONSIBLE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Looking Out for Others</i> <i>Adults' &amp; Children's Views</i></p> <p>OPTIONAL RESOURCES</p> <p>Looking Out for Others Extension General wellbeing – Simply RSHE</p>	<p><b>FEELINGS AND EMOTIONS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Anger</i> <i>Adults' &amp; Children's Views</i></p> <p>OPTIONAL RESOURCES</p> <p>Anger Extension General wellbeing – Simply RSHE</p>
	<p><b>KEEPING/STAYING HEALTHY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Smoking</i> <i>Adults' &amp; Children's Views</i></p> <p>OPTIONAL RESOURCES</p> <p>Smoking Extension Drugs, Alcohol, Tobacco &amp; Vaping – Simply RSHE</p>	<p><b>THE WORKING WORLD UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Enterprise</i> <i>Adults' &amp; Children's Views</i></p> <p>OPTIONAL RESOURCES</p> <p>Enterprise Extension NO Simply RSHE Links</p>	<p><b>COMPUTER SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Image Sharing</i> <i>Adults' &amp; Children's Views</i></p> <p>OPTIONAL RESOURCES</p> <p>Image Sharing Extension Online safety and awareness – Simply RSHE</p>
	<p><b>A WORLD WITHOUT JUDGEMENT UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Inclusion &amp; Acceptance</i> <i>Adults' &amp; Children's Views</i></p> <p>OPTIONAL RESOURCES</p> <p>Inclusion &amp; Acceptance Extension Families &amp; people who care for me - Simply RSHE</p>	<p><b>GROWING AND CHANGING UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Puberty</i> <i>Adults' and Children's Views</i></p> <p>OPTIONAL RESOURCES</p> <p>Puberty Extension Developing bodies – Simply RSHE</p>	<p><b>FIRST AID UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>First Aid Year 5</i></p> <p>OPTIONAL RESOURCES</p> <p>First Aid Year 5 Extension Basic first aid – Simply RSHE</p>
SPRING			
SUMMER			

# YEAR 6 - PSHE/RSHE - Class Plan

AUTUMN	<p><b>KEEPING/STAYING SAFE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Water Safety</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Water Safety Extension Personal safety – Simply RSHE</p>	<p><b>BEING RESPONSIBLE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Stealing</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Stealing Extension Respectful, kind relationships – Simply RSHE</p>	<p><b>FEELINGS AND EMOTIONS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Worry</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Worry Extension General wellbeing – Simply RSHE</p>
	<p><b>KEEPING/STAYING HEALTHY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Alcohol</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Alcohol Extension Drugs, Alcohol, Tobacco &amp; Vaping – Simply RSHE</p>	<p><b>THE WORKING WORLD UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>In-App Purchases</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>In-App Purchases Extension Respectful, kind relationships – Simply RSHE</p>	<p><b>COMPUTER SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Making Friends Online</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Making Friends Online Extension Online safety and awareness – Simply RSHE</p>
	<p><b>A WORLD WITHOUT JUDGEMENT UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>British Values</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>British Values Extension NO Simply RSHE Links</p>	<p><b>GROWING AND CHANGING UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>Conception</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>Conception Extension</p>	<p><b>FIRST AID UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><i>First Aid Year 6 (Part 1)</i> <i>First Aid Year 6 (Part 2)</i> <i>What I've Learnt</i></p> <p>OPTIONAL RESOURCES</p> <p>First Aid Year 6 (Part 1) Extension First Aid Year 6 (Part 2) Extension Basic first aid – Simply RSHE</p>
SPRING	SUMMER		