



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Games : Unit 1	Ball Skills : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Games : Unit 2	Ball Skills : Unit 2
Year 1	Fundamentals Ball Skills	Sending and Receiving Striking and Fielding Games	Target Games Gymnastics	Gymnastics Invasion Games	Dance Athletics	Dance Net and Wall Games
Year 2	Fundamentals Ball Skills	Sending and Receiving Striking and Fielding Games	Gymnastics Target Games	Gymnastics Invasion Games	Dance Athletics	Dance Net and Wall Games
Year 3	Fundamentals Y3/4 Dance	Football Dance	Gymnastics Ball Skills Y3/4	Gymnastics Dodgeball	Athletics Golf	Tennis Rugby
Year 4	Fitness Dance	Dance Netball	Gymnastics Handball	Gymnastics Rounders	Athletics Swimming	Cricket Tennis
Year 5	Fitness Dance	Dance Volleyball Y5/6	Gymnastics Football	Basketball Yoga	Cricket Athletics	Tennis Swimming
Year 6	OAA Dance	Dance Badminton Y5/6	Gymnastics Hockey	Rugby Parkour	Athletics Golf	Rounders Dodgeball